MENU GRANDE RONDE RIVER TRIP May 19th 2014

<u>5 BREAKFASTS</u>

Each day we will have some of the following:

Granola Cereal, Boiled Eggs, Instant Oatmeal, Bagels, Creamed Cheese, Ham, Capers & Smoked Salmon, Muffins, Bananas, Strawberries, Canned Fruit, Yogurt, Orange Juice, Coffee, Creamer, Tea, Hot Chocolate, Milk

5 LUNCHES

Deli Sandwiches: Turkey, Ham, Roast Beef, Tuna, Lettuce/Sprouts, Peanut Butter, Pringle Chips, Apple, Orange, or Grapes, Cookies, Mayonnaise, Mustard, (Day 2 -Chinese Chicken Salad in Tortillas (Cabbage, green onions, sesame seeds, mandarin oranges)

Lunch drinks should be provided by YOU.

4 DINNERS

Asian Night:

Eggrolls Japanese Cucumber salad Stir Fry Teriyaki Chicken with Vegetables & Cashews Over White Rice Almond Cookies

American BBQ Night:

Crackers/Vegetables with Dips, Celery with Peanut Butter Steaks with condiments..... (Barbecue Sauce) <u>Pork Chop for Ron</u> Potato Salad Apple Pie

Mexican Night:

Chips with Salsa and Guacamole Ole Burritos.....Tortillas, Pulled Pork with season mix, Beans, Shredded Cheese, Spanish Rice, Lettuce, Diced Tomatoes, Salsa Flan

<u>Italian Night</u>:

Cheeses and Crackers with Apple Slices <u>Dutch Oven</u> Lasagna.....Italian Pork Sausage & Ricotta Cheese Package Green Salad with Tomatoes, Sliced Olives, Artichoke Hearts, Oil & Vinegar Dressing, French Bread Angel Cake with Strawberries